

CFFMISSION

We help children facing adversity on their journey to adulthood. We use proven methods to help families raise their children so they can flourish and reach their full potential.

CFFVISION

Communities where children are nurtured, healthy, and safe; individuals are valued; families are strong and self-sufficient.

CFFVALUES

Accountability
Advocacy
Collaboration
Cultural Competency
Empowerment
Respect
Responsiveness

CFFAPPROACH

We approach care through a trauma-informed lens to help children reach their full potential. The trauma of abuse, neglect, and tragedy weigh heavily in the lives of our children and families.

We ask not, "What's wrong with you?" but **"What HAPPENED to you?"**

What additional services are available for adoptive families and their children?

Post-Adoption Therapy Services are available for all members of the adoption triad - birth parents who are considering or have already made adoption plans, families who have adopted, and adoptees of any age. Additionally, Children & Families First provides counseling and support services during the entire process - from family assessment (home study) to a child joining your family, until the adoption is finalized. Training and assistance with referrals for ongoing support is available after finalization. Finalization is usually completed after the child has been with your family for a minimum of six months. No matter what agency you finalized your adoption with, Children & Families First is happy to help you.

Children & Families First is committed to finding parents for children who need a permanent family through adoption.

JOIN US AND LEARN MORE!

Children & Families First offers Foster Care and Adoption Information Sessions on the **3rd Wednesday of each month** at our offices statewide. Information sessions begin at 6 p.m.



Licensed by the Delaware Department of Services for Children, Youth and Their Families; Accredited by the Council on Accreditation; Partner Agency of the United Way of Delaware; Member of the Alliance for Strong Families & Communities; Member of the Children's Home Society of America

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Visit Us:

New Castle County:

809 N. Washington St.
Wilmington, DE 19801

Kent County:

91 Wolf Creek Blvd.
Dover, DE 19901

Sussex County:

410 S. Bedford St.
Georgetown, DE 19947



POST-ADOPTION THERAPY SERVICES



It's not just our name,
IT'S OUR PROMISE



What is Post-Adoption Therapy?

Adoption has a lifelong impact on those it touches, and members of adoptive families may need professional help when concerns arise. Timely intervention by a professional skilled in adoption, attachment, and trauma issues often can prevent concerns from becoming more serious problems. Recognizing the need for competent adoption professionals to assist families after adoption, and the fact that schools of social work and clinical training programs often do not include adoption-specific training, Children & Families First is proud to provide post-adoption therapy to anyone touched by adoption. Clients will work with a Licensed Clinical Social Worker who is a Certified Adoption Practitioner with 19 years of experience in the field of adoption.

WANT TO LEARN MORE? CONTACT US:

WWW.CFFDE.ORG | (800) 220-3092

(302) 658-5177

Why would I need a Post-Adoption Therapist?

Understanding the unique developmental, emotional and behavioral issues that arise pre- and post-adoption, our certified Adoption Therapist can guide adoptive families, birth families and adoptees; nurturing their emotional, psychological and relational well-being. We are here to help, because together we thrive!

It is crucial to work with a therapist familiar with the unique challenges that adoptive families confront. One who has experience and a working understanding of attachment, trauma, and brain development, as well as knowledge of the core issues associated with adoption, who is best suited to help families identify issues and plan effective treatment strategies. Children & Families First can provide your family with a therapist that understands that although the adoptive family is often not the source of the child's problems, it is within the context of the new family relationships that the child will begin to heal.