

FAQs

HOW DO I ENROLL?

You must live in Delaware, be no more than 28 weeks pregnant with your first child, and meet certain income requirements.

WHEN IS IT TOO LATE TO ENROLL?

If you are past 28 weeks pregnant, or having your second child you are not eligible to enroll in NFP. However, your application maybe forwarded by our sister program Healthy Families Delaware.

HOW MUCH DOES IT COST?

This program is offered for FREE to all eligible participants.

CAN DAD PARTICIPATE TOO?

NFP encourages, fathers, family members, and even friends to be involved in the visits. We welcome all guests to learn more about how your nurse can help you and your family during the visit.

ARE HOME VISITS MANDATORY?

Your nurse will work closely with you to identify not only places, but times that work well for the both of your schedules.

WHAT IF ENGLISH ISN'T MY FIRST LANGUAGE?

NFP has staffed bilingual nurses who are proficient in Spanish. We also have access to certified translators to assist for any other language.

WHAT HAPPENS IF I MOVE?

NFP is a nation wide service available in 43 states and US territories as well as some countries overseas. Inform us of your new location and we will connect you to NFP in that area if possible.

**For more information
or to enroll
Contact us at**



(844) 637-6667



(302) 604-6301



info.nfp@cffde.org



www.cffde.org/nfp





The Value in Nurse-Family Partnership

On average, research has shown that NFP provides a family with over \$9,500 worth of services for FREE!

Your nurse will visit every week or two during your pregnancy, all the way through your baby's 2nd birthday. You and your nurse will decide the exact schedule. During these visits your nurse will provide services including but not limited to:

- Helping you develop healthy habits during and post pregnancy
- Helping you identify danger signs and/or risks during your pregnancy
- Labor and delivery expectation and preparation
- Helping you learn to identify your baby's needs
- Assisting with lactation and breastfeeding
- Discuss and exploring emotional refueling
- Providing information and assistance regarding your child's development
- Making sure you and your child are connected with medical care
- Linking you with other resources in the community for help with job placement, identification of child care providers, continuing education, etc.

Sharing the Experience

"I wasn't planning on becoming pregnant. And I didn't know how to take care of a baby. All I knew was that I was going to be a mom in 9 months. But I knew that Nurse Stephanie was in my corner. A lot of mothers don't want to talk about it, but so many like me go through postpartum depression. Stephanie helped to get me through it. She would tell me she was only a phone call away. And she would always pick up at first ring. "

Mahogany

"I had a client with a child who had extensive health problems. She was expected to lose the child at birth, but didn't. She had amazing attachment toward him and was receptive to learning about what activities to do with him. She sang, read, and spoke to him despite his delays. Her attachment toward him proved to me how it is essential in child development and that the NFP model is a successful tool."

Nurse Liset

"When we first started, I didn't really know what was going on, but a small gesture on that first visit put both Shanice and me at ease. Nurse Connie gave us her number and told us to call her if we ever needed anything. And I knew that she meant it. She just seemed trustworthy."

Jermaine