

RISE TO THE CHALLENGE FOOD DRIVE

MAY 9TH, 2018 - JUNE 1ST, 2018

3 WEEK COLLECTION DRIVE TO END CHILDHOOD HUNGER



RISE
FITNESS+ADVENTURE



Rise Fitness + Adventure in partnership with Children & Families First and First Chance Delaware are holding a collection drive to end childhood hunger.

SHOPPING LIST

- ☐ Infant Formula – any brand (regular, sensitive & soy)
- ☐ Baby Food Jars – stages 1 through 3
- ☐ Baby Food Pouches
- ☐ Toddler Food Pouches
- ☐ Infant Cereals (rice, oatmeal & barley)
- ☐ Toddler Snacks (yogurt melts, puffs, cereal bars)
- ☐ PediaSure
- ☐ Plain Cheerios
- ☐ Oatmeal (quick oats & instant)
- ☐ Canned vegetables
- ☐ Soups
- ☐ Canned chicken & tuna
- ☐ Pasta
- ☐ Peanut Butter
- ☐ Applesauce – jars & cups
- ☐ Fruit Cups
- ☐ 100% Juice
- ☐ Diapers – any brand (size newborn through 5)
- ☐ Pull Ups – any brand
- ☐ \$10 grocery gift cards for fresh fruit, vegetables & milk

Adverse Childhood Experiences (ACES), are stressful experiences before the age of 18 that disrupt brain & physical development, negatively impacting long term well-being & economic outcomes for individuals and communities.

You can give Sussex County children a “first chance” to thrive!

All donations will support the pregnant mothers, newborns, infants and toddlers participating in Children & Families First’s nurse home visiting programs, Nurse Family Partnership & Healthy Families Delaware

Help nurture those who need us most today, building a legacy of strong communities for all.

For more information visit
www.cffde.org

DROP OFF LOCATION: **RISE** Fitness + Adventure 35770 Airport Rd, Rehoboth Beach