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Parent Choices for Infant Meals

Children & Families First Child and Adult Care Food Program

Home/Center Provider Name _____

Dear Parent:

This home/center offers _____ Formula** as part of the Child and Adult Care Food Program (CACFP) to children less than 12 months of age. We are pleased to offer these benefits for as long as this home/center is eligible to participate in the CACFP.

We are required to follow the USDA Infant Meal Pattern at no additional charge. To better meet your personal preferences and your infant's needs, you may choose from the listed options. Please check your selection, sign, and date this form. Please update this form as your child matures and/or as you change your preferences. Please update immediately if your pediatrician changes your infant's formula. Every infant enrolled at the home/center is required to have this completed and updated form on file.

If your infant's formula is currently not _____, we strongly recommend that you check with your pediatrician before switching. You may choose to use our formula at no extra charge or continue to provide your own brand.

****Please note: We are providing formula to be used at the home day care/center ONLY.**

Infant's First & Last Name _____ Date of Birth _____

FORMULA CHOICES

_____ I accept the _____ Iron Fortified Infant Formula offered by the home /center.

_____ I decline the formula offered by the home /center. (Choose one of the following)

_____ I will provide the following iron fortified formula: _____

_____ I will provide breast milk for my child. **Formula Type Required**

_____ I will provide a non-approved low Iron Formula and a Medical Statement.

FOOD CHOICES:

_____ When my child is developmentally ready I accept the following infant foods offered by the home/center:

☐ IRON FORTIFIED INFANT CEREAL ☐ VEGETABLES ☐ FRUITS ☐ INFANT MEATS/MEAT ALTERNATE

A copy of the home/center menu is available upon request. Foods we offer may include but are not limited to:

Infant Cereal-Rice, Oat, Barley

Vegetables-Carrots, Green Beans, Peas, Squash, Sweet Potatoes

Fruits-Applesauce, Bananas, Peaches, Pears

Meat / Meat Alternates-Beef, Chicken, Turkey, Beans, Cheese

Whole grain breads/crackers (8-11 months only)

Please discuss individual needs with your child's caregiver.

_____ I decline all infant food offered by the home /center.

PARENT'S SIGNATURE: _____ DATE _____

CHILD AND ADULT CARE FOOD PROGRAM ENROLLMENT FORM

Provider Name _____

Address _____

Phone _____

____ NEW

____ UPDATE/RENEWAL



Dear Parent/Guardian:

By completion of this document, you are enrolling your child in the Child and Adult Care Food Program that is Sponsored by Children & Families First. The CACFP is a federally funded program under the USDA which extends the National School Lunch Program to children in family child care homes. Your provider has chosen to participate in this program, and agrees to follow the guidelines and regulations mandated by the program. In return, your provider is reimbursed a meal rate to help with the cost of serving nutritious meals to all children in her/his care.

Participating Child _____

Enrollment Date ____/____/____

Date of Birth ____/____/____ Age ____ Sex M F

Normal Hours in Care: from ____ to ____

Normal Days of Care: M T W T F Sat Sun

Normal Meals Expected served daily in Care:

Breakfast Am Snack Lunch Pm Snack Supper Eve Snack

Name of School/PS/HS _____

Leaves for school _____ Return from school _____

Racial/Ethnic Data:

Please mark one of the following ethnic identities:

____ Hispanic or Latino ____ Not Hispanic or Latino

Please mark one or more of the following racial identities:

____ American Indian or Alaska Native ____ Native Hawaiian or Other Pacific Islander ____ Asian ____ Black or African American ____ White

Race and ethnicity information is requested by the USDA to assure compliance with Title IV. Collection is strictly for statistical reporting requirements.

Participating Child _____

Enrollment Date ____/____/____

Date of Birth ____/____/____ Age ____ Sex M F

Normal Hours in Care: from ____ to ____

Normal Days of Care: M T W T F Sat Sun

Normal Meals Expected served daily in Care:

Breakfast Am Snack Lunch Pm Snack Supper Eve Snack

Name of School/PS/HS _____

Leaves for school _____ Return from school _____

Racial/Ethnic Data:

Please mark one of the following ethnic identities:

____ Hispanic or Latino ____ Not Hispanic or Latino

Please mark one or more of the following racial identities:

____ American Indian or Alaska Native ____ Native Hawaiian or Other Pacific Islander ____ Asian ____ Black or African American ____ White

Race and ethnicity information is requested by the USDA to assure compliance with Title IV. Collection is strictly for statistical reporting requirements.

FORMULA OPTION FOR INFANTS

(fill in only if you have an infant under 12 months)

To meet CACFP requirements, your provider offers the formula _____ iron fortified formula to infants in his/her care through your infants first year. You as the parent, may choose to accept this formula, or you may choose to supply another type of iron fortified formula and/or solid foods until your infant's first birthday. Check only the options that apply:

____ parent accepts formula provider offers

____ parent accepts provider's food when developmentally ready

____ parent supplies breast milk

____ parent supplies food when developmentally ready

____ parent supplies formula (please list type) _____

I understand that my child/children will receive meals at no charge to me when they are in care during any of the scheduled meal services. I have received information which explains the goals of the Child and Adult Care Food Program. I understand that I may be contacted by my providers sponsor, Children & Families First, regarding meals she/he has claimed. If I need to be contacted by phone/mail to update and/or verify this information my contact information is:

Parent/Guardian Contacts Home Phone _____ Work Phone _____ Cell _____

Address _____

(STREET, APT # , CITY, STATE, ZIP)

Parent/Guardian Name (print) _____

Parent/Guardain Signature _____ Date ____/____/____

In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability or retaliation. If you require this information in alternative format (Braille, Lg. Print, Audio Tape, etc.), contact the USDA's TARGET Center @ 202-720-2600. (voice or TDD). If you require information about this program, activity or facility in a language other than English, contact the USDA Agency responsible for the program or activity, or any USDA office. To file a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call, toll free, 866-632-9992 (V). TDD users can contact USDA through local relay or the Federal Relay @ 800-877-8339 (TDD) or 866-377-8642 (relay voice users). USDA is an equal opportunity provider and employer.

INFANT 0- 3 MONTHS MENU



Provider _____ Infant Name _____

Formula Provider Offers _____ Date of Birth _____

TO BE COMPLETED BY PARENT

Providers in the CACFP are required to offer at least 1 brand of infant formula and offer solid infant foods. I understand that I am not required to bring iron fortified infant formula or infant food that I purchase, however I may want to choose to bring my own infant formula/breast milk or my own infant food.

Check all that apply: ☐ I accept formula provider offers ☐ I bring in breast milk
☐ I bring in formula (please name formula) _____

Parent's Signature _____

Date _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
LUNCH/SUPPER	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
AM/PM SNACK	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
LUNCH/SUPPER	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
AM/PM SNACK	4-6 OZ FORMULA/ BREAST MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK

INFANT MENU 0- 3 MONTHS

Provider Name _____ Infant Name _____ DOB _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
LUNCH/SUPPER	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
AM/PM SNACK	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
LUNCH/SUPPER	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
AM/PM SNACK	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
LUNCH/SUPPER	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
AM/PM SNACK	4-6 OZ FORM/B MILK LETTER	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK



INFANT 4-7 MONTHS MENU

Provider _____

Infant Name _____

Formula Provider Offers _____

Date of Birth _____

TO BE COMPLETED BY PARENT

Providers in the CACFP are required to offer at least 1 brand of infant formula and offer solid infant foods. I understand that I am not required to bring iron fortified infant formula or infant food that I purchase, however I may want to choose to bring my own infant formula/breast milk or my own infant food.

Check all that apply: ☐ I accept formula provider offers ☐ I accept provider's infant food when developmentally ready
☐ I bring in breast milk ☐ I bring in infant food when developmentally ready
☐ I bring in formula (please name formula) _____

CEREAL: RICE OATMEAL BARLEY

FRUIT: APPLESAUCE BANANAS PEACHES PEARS PRUNES

VEG: CARROTS GREEN BEANS SWEET POTATOES SQUASH PEAS

Parent's Signature _____ Date _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
LUNCH/SUPPER	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
	0-3 T FRUIT OR VEG.					
AM/PM SNACK	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK

INFANT MENU 4-7 MONTHS

Provider Name _____ Infant Name _____ DOB _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
	LETTER					
LUNCH/SUPPER	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
	0-3 T FRUIT OR VEG.					
	LETTER					
AM/PM SNACK	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	LETTER					

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
	LETTER					
LUNCH/SUPPER	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0-3 T INFANT CEREAL					
	0-3 T FRUIT OR VEG.					
	LETTER					
AM/PM SNACK	4-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	LETTER					



Provider _____

Infant Name _____

Formula Provider Offers _____ Date of Birth _____

TO BE COMPLETED BY PARENT

Providers in the CACFP are required to offer at least 1 brand of infant formula and offer solid infant foods. I understand that I am not required to bring iron fortified infant formula or infant food that I purchase, however I may want to choose to bring my own infant formula/breast milk or my own infant food.

Check all that apply:

____ I accept formula provider offers

____ I bring in breast milk

____ I bring in formula (please name the formula) _____

____ I accept provider's infant solid foods when developmentally ready

____ I bring in infant solid foods when developmentally ready

____ I give permission for table foods when developmentally ready

____ I bring in table food items ____ I accept provider's table food items

CIRCLE THE FOODS THAT YOU HAVE INTRODUCED TO YOUR INFANT AND WILL ALLOW US TO SERVE YOUR INFANT:

CEREAL: RICE OATMEAL BARLEY BROWN RICE WHOLE WHEAT (No Fruit) MEAT: BEEF CHICKEN TURKEY LAMB VEAL

VEG: CARROTS GREEN BEANS SWEET POTATOES SQUASH PEAS FRUIT: APPLESAUCE BANANAS PEACHES PEARS PRUNES OTHER _____

SNACKS: WG CRACKERS (NAME) WG BREAD

Parent's Signature _____ Date _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	1-4 T. INF. CEREAL					
	1-4 T FRUIT &/OR VEG.					
LUNCH/SUPPER	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	2-4 T. INF. CEREAL OR					
	1-4 T. MEAT/MEAT ALT.					
	1-4 T. FRUIT &/OR VEG					
AM/PM SNACK	2-4 OZ. FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0- ½ SLICE BREAD OR					
	0-2 CRACKERS					

INFANT MENU 8-11 MONTHS

Provider Name _____ Infant Name _____ DOB _____

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	1-4 T. INF. CEREAL					
	1-4 T FRUIT &/OR VEG.					
	LETTER					
LUNCH/SUPPER	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	2-4 T. INF. CEREAL OR					
	1-4 T. MEAT/MEAT ALT.					
	1-4 T. FRUIT &/OR VEG					
	LETTER					
AM/PM SNACK	2-4 OZ. FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0- ½ SLICE BREAD OR					
	0-2 CRACKERS					
	LETTER					

DATE						
MEAL	MENU ITEM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	1-4 T. INF. CEREAL					
	1-4 T FRUIT &/OR VEG.					
	LETTER					
LUNCH/SUPPER	6-8 OZ FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	2-4 T. INF. CEREAL OR					
	1-4 T. MEAT/MEAT ALT.					
	1-4 T. FRUIT &/OR VEG					
	LETTER					
AM/PM SNACK	2-4 OZ. FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK	FORM/ B MILK
	0- ½ SLICE BREAD OR					
	0-2 CRACKERS					
	LETTER					

ATTENDANCE / MONTHLY MEAL COUNT RECORD

Provider's Name _____

Address _____

E I # _____

Telephone # _____

Month and Year _____

Licensing Level _____

Infants below 12 mos. _____

of provider's own children
not attending school _____

D A T E	ATTENDANCE	TOTAL	BREAKFAST	AM SNACK	LUNCH	PM SNACK	SUPPER	EVE SNACK
	DAILY							
01								
02								
03								
04								
05								
06								
07								
08								
09								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								
21								
22								
23								
24								
25								
26								
27								
28								
29								
30								
31								
TOTAL								

	*	AGE
A		
B		
C		
D		
E		
F		
G		
H		
I		
J		
K		
L		
M		
N		

* Please Indicate: N= new child
W= withdrawn and date
HS= Head Start
K= Kindergarten

CERTIFICATION

I certify that the information submitted is accurate in all respects, and that I understand this information is given in connection with the receipt of Federal Funds, and that deliberate misrepresentation may result in State or Federal prosecution.

SIGNATURE _____ MONTH _____

Tier	Days	Child	Attend	Break	AM	Lunch	PM	Sup	EVE	Amount	Initial	Tier
1												
2												

**For
Official
Use
Only**

PROVIDER'S NAME_____ **WEEK BEGINNING**_____

[illegible]