CFF MISSION
We help children facing adversity on their journey to adulthood. We use proven methods to help families raise their children so they can flourish and reach their full potential.

CFF VISION
Communities where children are nurtured, healthy and safe; individuals are valued; families are strong and self-sufficient.

CFF VALUES
Accountability
Advocacy
Collaboration
Cultural Competency
Empowerment
Respect
Responsiveness

CFF APPROACH
We approach care through a trauma-informed lens to help children reach their full potential. The trauma of abuse, neglect, and tragedy weigh heavily in the lives of our children and families.

We ask not, “What’s wrong with you?” but “What HAPPENED to you?”

Children experience overwhelming feelings when someone close to them dies - sadness, confusion, shock, fear, anger, guilt and worry. In the midst of these reactions, children must also struggle with the reality of what has happened and manage a multitude of changes in their daily routines that accompany loss.

Children look to adults for cues on dealing with their new circumstances following a death. Yet parents and guardians often are overwhelmed or unsure about how to help them. Children & Families First’s Supporting Kids Program can help.

Visit Us:
New Castle County:
1213 Old Lancaster Pike
Hockessin, DE 19707

Licensed by the Delaware Department of Services for Children, Youth and Their Families; Accredited by the Council on Accreditation; Partner Agency of the United Way of Delaware; Member of the Alliance for Strong Families & Communities; Member of the Children's Home Society of America

Revised 5/2018

It’s not just our name, IT’S OUR PROMISE
WWW.CFFDE.ORG | (800) 220-3092

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What is Healing Pathways?

Healing Pathways is a six-week program to help children, teens and adults understand the death and grief process. Families will meet once a week to learn positive coping tools and develop a sense of community support through discussion, art movement, and activities.

In order to participate families must complete:

- A Family Application
- An interview
- A signed permission form for your child to attend
- Commitment to all six weeks

QUESTIONS?

CONTACT US:

Not sure your situation is a good fit for group? We can help!

(302) 235-5544
support@supportingkids.org

1213 Old Lancaster Pike
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As of February 2018, Supporting Kidds Healing Pathways Program is now a proud program of Children & Families First.

How do support groups work?

Children are grouped by age and each group is led by two adult facilitators. They learn age-appropriate information to help them process their feelings and ideas.

During the children’s groups, caregivers (parents/guardians) meet and are provided with emotional support and education on how to help their grieving children.

The groups are facilitated by trained volunteers from the community.

How often are groups offered?

Groups are offered twice a year. Families typically meet one evening per week from 6:30 PM - 8:00 PM. Please check the website for the latest schedule.

What is grief?

- Grief is a normal reaction to any kind of loss and is experienced at all ages.
- Grief affects the entire person: body, emotions, behavior, thoughts, spirit, social life.
- There is no “right way” to grieve and no timeline for “getting over” your grief.

What helps people cope?

- Information
- Knowing that others have been through a similar loss
- Being able to speak openly and honestly of concerns, feelings and ideas about the loss