

CFFMISSION

We help children facing adversity on their journey to adulthood. We use proven methods to help families raise their children so they can flourish and reach their full potential.

CFFVISION

Communities where children are nurtured, healthy and safe; individuals are valued; families are strong and self-sufficient.

CFFVALUES

Accountability
Advocacy
Collaboration
Cultural Competency
Empowerment
Respect
Responsiveness

CFFAPPROACH

We approach care through a trauma-informed lens to help children reach their full potential. The trauma of abuse, neglect, and tragedy weigh heavily in the lives of our children and families.

We ask not, "What's wrong with you?"
but **"What HAPPENED to you?"**



Supporting Kidds Guiding Pathways Program is now a proud program of Children & Families First.

Children experience overwhelming feelings when someone close to them dies - sadness, confusion, shock, fear, anger, guilt and worry. In the midst of these reactions, children must also struggle with the reality of what has happened and manage a multitude of changes in their daily routines that accompany loss.

Children look to adults for cues on dealing with their new circumstances following a death. Yet parents and guardians often are overwhelmed or unsure about how to help them. Children & Families First Supporting Kidds Program can help.

Visit Us:

New Castle County:

1213 Old Lancaster Pike
Hockessin, DE 19707



@SupportingKidds



Licensed by the Delaware Department of Services for Children, Youth and Their Families; Accredited by the Council on Accreditation; Partner Agency of the United Way of Delaware; Member of the Alliance for Strong Families & Communities; Member of the Children's Home Society of America

Revised 5/2018



It's not just our name,
IT'S OUR PROMISE

WWW.CFFDE.ORG | (800) 220-3092

Guiding Pathways

A Proud Program of Children & Families First!





What Is Guiding Pathways?

- **Family Consultation**

One-time meeting for families facing loss to help:

- Tell a child about a death or serious illness.
- Learn skills on how to communicate about loss.
- Respond to a death/illness in the community.

- **Assessment of The Child/Teen**

- To understand how they are coping with death or serious illness.
- Find out how they are adapting to their changed circumstances.
- Provide recommendations for positive adjustment.

- **Psychotherapy**

- Individual and family therapy related to adjusting to the changes associated with a death or serious illness in one's life.

QUESTIONS? CONTACT US:

Not sure your situation is a good fit for group? We can help!

(302) 235-5544

support@supportingkidds.org

1213 Old Lancaster Pike

Hockessin, DE 19707

As of February 2018, Supporting Kidds Guiding Pathways Program is now a proud program of Children & Families First.

How do families sign up?

Please call 302-235-5544 or email support@supportingkidds.org

Do families need a referral?

No referral is needed to sign up.

Does my child need to be a certain age to participate?

This program is designed for children ages 5 - 18 years old.

How is this different than our support groups.

Consultation, grief assessment, and individual and family psychotherapy services help address the unique challenges and concerns of grieving families. These services can help children and their families find ways to make sense of the losses they have experienced while addressing behavioral concerns and bolstering the communication and coping skills necessary to help manage current and future stressors.

Do I have to pay out of pocket for the therapy?

Payment is based on customer's ability to pay for the program. We determine payment through a sliding scale fee model.

What to expect- topics covered, length of session, treatment, etc.?

Each family will have their own unique needs and set of circumstances. Families can expect to talk to a therapist during a consult about their family and make a plan for length of treatment, assessment.

Where do sessions take place?

Currently, this group is offered at our Hockessin Office.